



Journal Prompts: The Path of Discipline

Use these prompts to reflect on how God may be shaping you this week.

1. How do I typically react to discipline—from God or from others?

What does that reaction reveal about my heart?

2. Where in my life do I sense God correcting or stretching me right now?

Describe the situation honestly.

3. What might God be trying to teach me through this season?

List possible lessons or areas of growth.

4. Are there habits, attitudes, or patterns God is inviting me to surrender?

What makes them hard to let go of?

5. How does knowing I am God's child change the way I view discipline?

Reflect on identity and belonging.

6. What does a "harvest of righteousness and peace" look like in my life?

Where do I long to see more of this fruit?

7. Who in my life can help me stay accountable and teachable?

Think about community, mentors, or trusted friends.

8. What step of obedience is God asking me to take this week?

Make it specific and practical.

9. How have I seen God use past seasons of discipline for my good?

Look for evidence of His faithfulness.

10. What prayer do I need to pray as I walk this path of discipline?

Write it out as a response to God.