



## Journal Prompts: Walking in Humility

Use these prompts to reflect on how God is shaping humility in your life this week.

1. Where do I notice pride showing up in my thoughts, reactions, or relationships?
2. What would it look like to “take the lower position” in a situation I’m facing right now?
3. How has Jesus shown humility toward me personally? How does that shape my response to others?
4. Who in my life models Christlike humility, and what can I learn from them?
5. What is one practical way I can serve someone this week without expecting anything in return?
6. Where do I resist correction or feedback? Why?
7. How can I practice listening more deeply and speaking more gently?
8. What rights or preferences might God be asking me to lay down for the sake of love?
9. How does remembering Christ’s humility change the way I see my own struggles with pride?
10. Write a prayer asking God to form the humility of Christ in your heart.